

SAMPLE FORMAT PFA VERIFICATION LETTER

Must be on command letterhead and signed by the CO or by
Direction Authority.

6100
Ser
Date

From:
To: PRIMS

SUBJ: CYCLE__2022 PHYSICAL FITNESS ASSESSMENT RESULTS ICO

1. Cycle__ 2022 Physical Readiness Assessment Test was
conducted for _____ on _____, _____,
resulting in the overall score of _____. Specifically:

Height:
Weight:
Push-ups:
Forearm Plank:
Cardio:
Cardio Modality:

Overall score: _____

2. If you have any questions please contact my Command Fitness
Leader, _____.

COMMANDING OFFICER/OR
BY DIRECTION AUTHORITY